SACRED & SPIRIT-LED

Praying in the Holy Ghost

A Christ-centered guide to the full spectrum of prayer — grounded in Scripture, Spirit-led, and anchored in Jesus Christ.

> **Jude 1:20** But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

How to Use This Guide

This guide gives you a concise path into Spirit-led prayer through Scripture, doctrine, and practical application.

> **John 14:13–14** And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do it.

01

Repentance

02

Worship

03

Faith

04

Intercession

1

Prayer of Repentance

Repentance is the sincere turning away from sin and back to God—an inward change of mind, heart, and will that leads to a changed life.

01

Mind

Recognize that sin is sin and God’s way is right.

02

Heart

Feel godly sorrow and genuine grief over offending God.

03

Will

Choose to turn from sin and walk in a new direction.

04

Life

Bear visible fruit that reflects a transformed life.

Key Scriptures

- **Acts 2:38:** "Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost."
- **Proverbs 28:13:** "He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy."
- **Luke 13:3:** "I tell you, Nay: but, except ye repent, ye shall all likewise perish."
- **2 Corinthians 7:10:** "For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death."

Core Emphasis

Repentance is essential and prepares the heart for baptism and the infilling of the Holy Ghost.

2

Biblical Meditation

Biblical meditation is the active filling of the mind with God’s Word so it shapes thought, speech, and action.

"This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein" (Joshua 1:8). *"But his delight is in the law of the LORD; and in his law doth he meditate day and night"* (Psalm 1:2).

📖 Read

Read slowly to encounter God.

🔄 Repeat

Speak the Word aloud: *"So then faith cometh by hearing, and hearing by the word of God."* — Romans 10:17

🙏 Reflect

Ask the Spirit what this means today.

✅ Respond

Let meditation lead to obedience.

3

Worship

Worship is the soul’s response to God in adoration, surrender, and love. In the New Testament Pentecostal tradition, worship is *spirit and truth*—expressive, reverent, and led by the Holy Spirit.

"God is a Spirit: and they that worship him must worship him in spirit and in truth" (John 4:24). *"O come, let us worship and bow down: let us kneel before the LORD our maker."* (Psalm 95:6). *"By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name."* (Hebrews 13:15). *"And when they began to sing and to praise, the LORD set ambushments against the children of Ammon, Moab, and mount Seir, which were come against Judah; and they were smitten."* (2 Chronicles 20:21-22).

Spirit-Led Praise

Vocal, expressive adoration that responds to the presence of God.

Surrender in Truth

Worship grounded in who God truly is—heart, mind, and life aligned with His revealed truth.

Warfare Through Worship

Praise lifts the name of Jesus in faith, pushes back darkness, and invites God's presence.

4

Confession

Confession has two inseparable dimensions: agreeing with God about sin and receiving His forgiveness, and declaring what God has said in faith. Both keep the believer aligned with Scripture and dependent on Christ.

Confession of Sin

- Agree with God about your sin
- Receive cleansing and forgiveness
- Keep the conscience tender before Him

"If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." (1 John 1:9)

Confession of Faith

- Declare what God has said
- Speak His Word over your life
- Align your mouth with His promises

"If thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation." (Romans 10:9-10)

"Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession." (Hebrews 4:14)

5

The Prayer of Lament

Lament is one of the most prevalent forms of prayer in Scripture. It is not a failure of faith; it is faith expressed through suffering — honest grief brought before a God who is both sovereign and near.

Psalm 13

"How long wilt thou forget me, O LORD? for ever? how long wilt thou hide thy face from me? How long shall I take counsel in my soul, having sorrow in my heart daily?"

"But I have trusted in thy mercy; my heart shall rejoice in thy salvation."

Key Scriptures

- *"For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death."* — 2 Corinthians 7:10
- *"It is of the LORD's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness."* — Lamentations 3:22-23
- *"Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered."* — Romans 8:26

Be Honest

Bring your grief to God without pretense. He already knows the full weight of it.

Be Persistent

Lament is sustained prayer — returning to God again and again in a difficult season.

Trust Through the Dark

Even when answers are absent, anchor yourself in God's character and His unfailing mercies.

6

Public Prayer

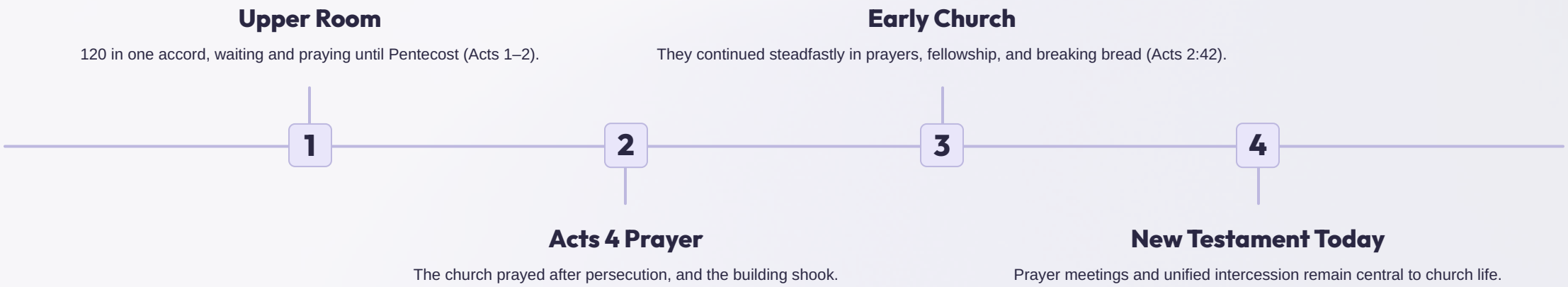
Public prayer is one of the most powerful expressions of the Body of Christ in unity. When believers gather to cry out to God together, heaven is moved in a way that private prayer alone cannot replicate.

"And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly." — Matthew 6:5–6

"And when they heard that, they lifted up their voice to God with one accord." — Acts 4:24

"I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty." — 1 Timothy 2:1–2

"And they continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers." — Acts 2:42


Upper Room
120 in one accord, waiting and praying until Pentecost (Acts 1–2).
1
Acts 4 Prayer
The church prayed after persecution, and the building shook.
2
Early Church
They continued steadfastly in prayers, fellowship, and breaking bread (Acts 2:42).
3
New Testament Today
Prayer meetings and unified intercession remain central to church life.
4

Supplication

Supplication is earnest, specific, humble petition — bringing a pressing need before God with faith and dependence.

"Lord, have mercy on my son: for he is lunatick, and sore vexed: for ofttimes he falleth into the fire, and oft into the water." — Matthew 17:15

"And when he heard that it was Jesus of Nazareth, he began to cry out, and say, Jesus, thou son of David, have mercy on me." — Mark 10:47

"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God." — Philippians 4:6

"And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus." — Philippians 4:7

"And he spake a parable unto them to this end, that men ought always to pray, and not to faint." — Luke 18:1

"And he said, I will not let thee go, except thou bless me." — Genesis 32:26

"Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints." — Ephesians 6:18

8

The Prayer of Faith

The Prayer of Faith is confident, Spirit-born trust that God hears and responds. It prays in harmony with heaven, anchored to the Word and will of God.

"And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him." — James 5:15

"What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them." — Mark 11:24

"But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him." — Hebrews 11:6

"So then faith cometh by hearing, and hearing by the word of God." — Romans 10:17

→ **Rooted in the Word**

Faith-filled prayer begins with deep immersion in Scripture.

→ **Aligned with God's Will**

True faith prays in sync with God's revealed purposes.

→ **Expects a Response**

Faith prays with expectation and gives thanks in advance.

Faith & Healing through Prayer

The New Testament witness presents divine healing as a continuing expression of God’s unchanging nature and the prayer of faith. It rests on the conviction that God still hears, still answers, and still works through the name of Jesus.

Hebrews 13:8

"Jesus Christ the same yesterday, and to day, and for ever."

Romans 8:11

"But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you."

Isaiah 53:5

"But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed."

Matthew 8:17

"That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses."

9

Intercession

Intercession is standing in the gap for others — praying with persistence, compassion, and faith until mercy is released.

Standing in the Gap

Taking a position between God's holiness and another's need — praying mercy over judgment for those who cannot pray for themselves.

Travailing Prayer

Deep spiritual intensity — groaning, weeping, or praying in the Spirit until the burden lifts.

Soul-Winning Intercession

Praying for the lost — that God would draw them, send laborers, and bring revival.

Key Scriptures:

- *"And I sought for a man among them, that should make up the hedge, and stand in the gap before me for the land, that I should not destroy it: but I found none."* — Ezekiel 22:30
- *"Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God."* — Romans 8:26–27
- *"Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them."* — Hebrews 7:25

10

Listening Prayer

Listening prayer is the practice of quiet attentiveness before God—seeking His voice through Scripture, His Spirit, and holy stillness.

Grounded in Scripture

Always test what you hear by the Word of God.

Led by the Spirit

The Holy Ghost guides with conviction, prompting, and direction.

Not Eastern Mysticism

This is attentive prayer, not emptying the mind or seeking altered states.

Deepens Intimacy

It sharpens discernment and increases awareness of God's presence.

Key Scriptures:

- *"Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth."* — Psalm 46:10
- *"Speak, LORD; for thy servant heareth."* — 1 Samuel 3:10
- *"My sheep hear my voice, and I know them, and they follow me."* — John 10:27

How the Holy Ghost Speaks

For the New Testament believer, recognizing how God speaks is essential to listening prayer. The Holy Ghost communicates in clear, biblical ways and can be distinguished from the noise of the world, the flesh, and the enemy.

Through the Written Word

Scripture is the primary and most reliable way God speaks.

Through Inner Conviction

"And when he is come, he will reprove the world of sin, and of righteousness, and of judgment." — John 16:8.

Through Prophetic Gifts

In the church, prophecy, word of knowledge, and word of wisdom can bring direction and encouragement.

Through the Still Small Voice

Sometimes God speaks through a quiet, Spirit-impressed thought in prayer.

10 Aspects of Prayer

These ten forms of prayer are not competing approaches — they are complementary dimensions of a full and flourishing prayer life. Together, they form the complete vocabulary of prayer for the New Testament saint.

- [ ] **Repentance**
- [ ] **Worship**
- [ ] **Lament**
- [ ] **Supplication**
- [ ] **Intercession**
- [ ] **Biblical Meditation**
- [ ] **Confession**
- [ ] **Public Prayer**
- [ ] **Prayer of Faith**
- [ ] **Listening Prayer**

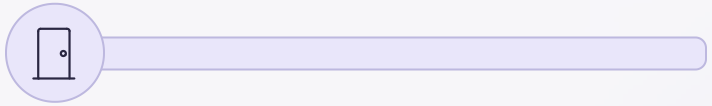
"Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me." — John 14:6.

Prayer & Salvation

The New Testament salvation experience provides the foundation for prayer. The new birth in Acts 2:38—repentance, water baptism in Jesus' name, and the infilling of the Holy Ghost—shapes the believer's life of prayer.

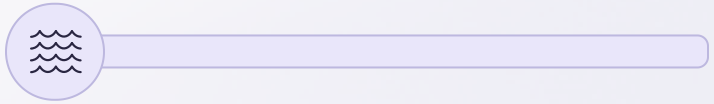
"Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost." — Acts 2:38

"And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance." — Acts 2:4



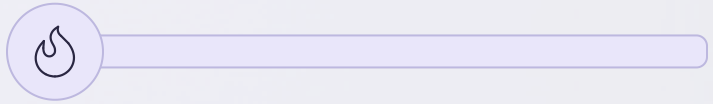
Repentance

Turning from sin to God.



Baptism in Jesus' Name

Burial of the old life and obedience of faith.



Infilling of the Holy Ghost

Prayer in the Spirit and a transformed life.

Building a Personal Prayer Life

Knowledge of the ten types of prayer matters only when it becomes a consistent, disciplined prayer life. The goal is not mechanical routine, but a life that prays with both structure and spontaneity.

Daily Rhythms

- Morning prayer to consecrate the day
- Scripture reading and meditation
- Evening reflection and confession
- Spontaneous prayer as the Spirit prompts
- Praying in the Spirit: *"But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost."* — Jude 1:20

Weekly Disciplines

- Corporate prayer meetings
- Fasting and prayer for specific needs
- Intercession for the lost and the church
- Worship prayer beyond the service
- Listening prayer before God

Prayer for Leaders

Church leaders carry a unique and weighty calling in prayer. Their leadership should be marked first by intercession, then by preaching, teaching, and administration.

> *"And it came to pass, when Moses held up his hand, that Israel prevailed: and when he let down his hand, Amalek prevailed. But Moses' hands were heavy; and they took a stone, and put it under him, and he sat thereon; and Aaron and Hur stayed up his hands, the one on the one side, and the other on the other side; and his hands were steady until the going down of the sun."* — Exodus 17:11–12

> *"But we will give ourselves continually to prayer, and to the ministry of the word."* — Acts 6:4

Intercessory Leadership

Pray for members by name and carry their needs before God.

Prophetic Sensitivity

Listening prayer helps leaders discern what the Spirit wants to do.

Modeling Prayer

A praying pastor sets the pattern the congregation learns to follow.

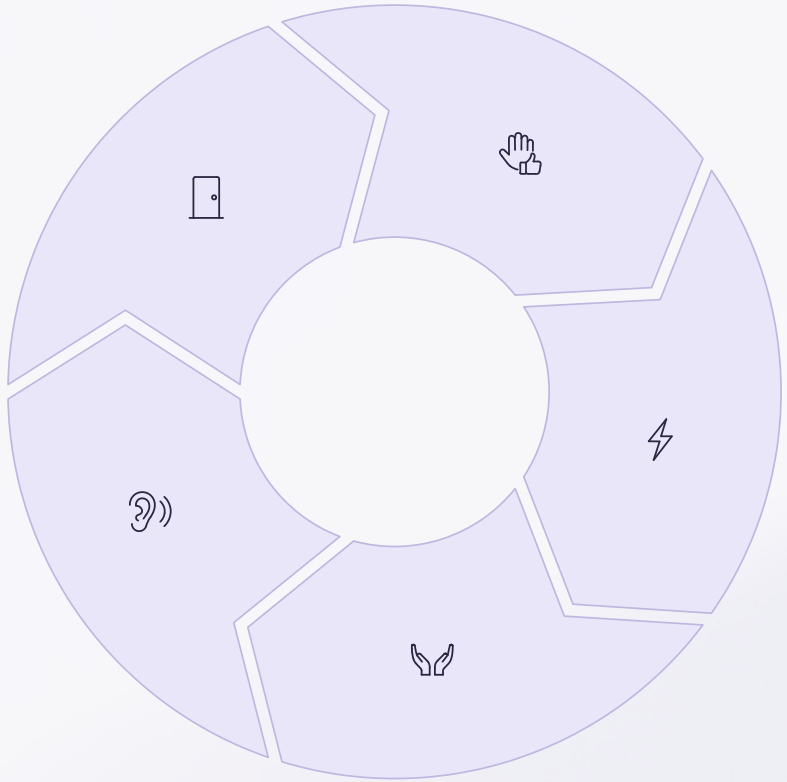
Godly prayer is a sign of a healthy Spiritual life

Repentance Begins

Turning fully to God.

Listening Deepens

Stillness before God sharpens intimacy and discernment.



Worship Sustains

Adoration and confession keep the heart tender.

Faith Lays Hold

Supplication trusts God's promises.

Intercession Expands

Prayer reaches beyond self to others.

> 'And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples.' — Luke 11:1

> 'Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.' — Acts 4:12